

7<sup>th</sup> Edition of

# International Nutrition Research Conference

Theme: Nutrition Frontiers: Pioneering Research for a Healthier Tomorrow

27-29<sup>TH</sup>  
MARCH  
2025

## Our OCMs



MARY T NEWPORT,  
INDEPENDENT RESEARCHER  
United States



AMY GUTMAN ADVENTHEALTH  
United States



DIPAK P RAMJI  
Cardiff University, United Kingdom



DILIP GHOSH  
Nutriconnect, Australia



MALGORZATA MIZGIER  
POZNAN UNIVERSITY OF PHYSICAL  
EDUCATION, POLAND

## Scientific TOPICS

- Dietetics
- Nutritional Deficiencies and Disorders
- Nutrition and Food Science Research
- Malnutrition
- Nutrition Education
- Nutritional Immunology
- Public Health Nutrition and Health Claims
- Probiotic and Prebiotic Nutrition
- Nutraceuticals and Nutrition Supplements
- Sport & Exercise Nutrition
- Obesity and Weight Management
- Plant Based Nutrition
- Nutritional Biochemistry
- Nutrition, Health and Aging
- Nutritional Epidemiology

Contact us: Email: [nutrition-research@magnusconference.com](mailto:nutrition-research@magnusconference.com)

Web: <https://nutrition.magnusconferences.com/>

Phone: +1 (702) 988-2320 | WhatsApp: +1 540 709 1879



VENUE  
Singapore

Keynote Presentations

**Mary T Newport, Independent Researcher, United States**

Title: The lipid-heart hypothesis and the dietary guidelines: Does the evidence support low dietary fat and saturated fat?

**Amy Gutman AdventHealth, United States**

Title: The remarkable impact of a ketogenic diet on brain health

**Dipak P Ramji, Cardiff University, United Kingdom**

Title: Understanding the mechanisms underlying the protective actions of nutraceuticals in heart disease and other inflammatory disorders

**Dilip Ghosh, Nutriconnect, Australia**

Title: Globalisation of ayurveda through evidence-based nutraceutical route

**Malgorzata Mizgier, Poznan University of Physical Education, Poland**

Title: Therapeutic potential of a diet in the treatment of adolescent polycystic ovary syndrome (pcos) girls

**Neha Bhanusali, University of Central Florida, United States**

Title: Using nutrition to optimize outcomes in connective tissue diseases

Oral Presentations

**Mary T Newport, Independent Researcher, United States**

Title: Ketogenic strategies for alzheimer's and other memory impairment: history, rationale, and 288 anecdotal reports

**Amy Gutman, AdventHealth, United States**

Title: How food and pharmaceutical conglomerates make customers for life by keeping you sick

**Jennifer Ward, University of Tennessee, United States**

Title: Addressing poor diet quality and food insecurity with multilevel community nutrition education in the United States

**Mohammad Kamil, Lotus Holistic Medical Health Institute, United Arab Emirates**

Title: Anti-obesity activities of aloe vera

**Yasin Ozdemir, Ataturk Horticultural Central Research Institute, Turkey**

Title: Potential for detecting food adulteration using spectral techniques

**Safiullah Pathan, Lincoln University of Missouri, United states**

Title: Quinoa green leaves: a promising nutrient-rich vegetable to improve human health

**Olivier Mankondo, Mankondo Global Ltd, United Kingdom**

Title: The plant-based nutrition: how it's going to help you lose weight and live a disease-free life

**Mihir Y Parmar, Dr's Kiran & Pallavi Patel Global University, India**

Title: Supremacy of micronutrients and nutraceuticals on thinking function and performance in alzheimer's disease

**Olayinka Christianah Jayeola, Cocoa Research Institute of Nigeria, Nigeria**

## Tentative Program

### Oral Presentations

Title: Nutrition and disease prevention: cutting-edge research and evidence-based strategies

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**Atsbaha Hailemariam, Ethiopian Institute of Agricultural Research, Ethiopia**

Title: Nutritional composition and sensory characteristics of breast meat from different chickens

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**Mohamed Salem Mohamed Ba Azab, University of Aden, Yemen**

Risk factors of supplementary suckling technique in infants less than 6 months of age with severe acute malnutrition in Yemen and Sudan

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**Baguma Daniel, Malaria Consortium, Uganda**

Social economic factors associated with the nutritional status of children in western uganda

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### Poster Presentation

**Sela Ki Folau Fusi, Deakin University, Australia**

Title: Food environments in the Pacific Region and efforts to improve them: A systematic scoping review

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**Brian Kipkoech, Free University of Bolzano, Italy**

Title: Assessment of household dietary patterns and sustainability in Kenya using the ReDD and human trophic level indices

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